

HENDERSON: 9077 S. Pecos Road, Ste 3700 (702) 896-7378 (Office)
Henderson, NV 89074

SUMMERLIN : 2701 N. Tenaya Way, Ste 190 (702) 897-8252 (Fax)
Las Vegas, NV 89128

MARYLAND: 3201 S. Maryland Pkwy, Ste 320
Las Vegas, NV 89109

DO YOU HAVE SLEEP APNEA?

PATIENT NAME		DOB	
HEIGHT		WEIGHT	
DO YOU SNORE?			
DO YOU STOP BREATHING WHEN SLEEPING?			
ARE YOU ALWAYS TIRED?			

EPWORTH SLEEPINESS SCALE

HOW LIKELY ARE YOU TO DOZE OFF OR FALL ASLEEP IN THE FOLLOWING SITUATIONS IN CONTRAST TO FEELING JUST TIRED? THIS REFERS TO YOUR USUAL WAY OF LIFE IN RECENT TIMES. EVEN IF YOU HAVE NOT DONE SOME OF THESE THINGS RECENTLY, TRY TO WORK OUT HOW THEY WOULD HAVE AFFECTED YOU.

CHANCE OF DOZING	NEVER 0 POINTS	SLIGHT 1 PT	MODERATE 2 PTS	HIGH 3 PTS
SITTING AND READING				
WATCHING TELEVISION				
SITTING INACTIVE IN A PUBLIC PLACE (THEATER, MEETING)				
AS A PASSENGER IN A CAR FOR AN HOUR WITHOUT A BREAK				
LYING DOWN TO REST IN THE AFTERNOON WHEN ABLE TO				
SITTING AND TALKING TO SOMEONE				
SITTING QUIETLY AFTER LUNCH WITHOUT ALCOHOL				
IN A CAR WHILE STOPPED FOR A FEW MINUTES IN TRAFFIC				
	TOTAL SCORE			

0-7 NORMAL		8-9 MILD RISK		10-15 MODERATE RISK		>15 HIGH RISK	
-------------------	--	----------------------	--	----------------------------	--	-------------------------	--